

LEGEND AT COUNCIL ROAD

COMMUNITY EVENTS



Gardening To Grow Better Health JUN. 29, 2023 2:00 PM

When you're out in the garden, hands in the soil, you're doing more than nurturing your plants. You're also nurturing your health! Whether you're a beginner or have a green thumb, join us at Legend as we talk about the health benefits of gardening. We'll also cover ways to start gardening, whether it's in the backyard or in a small pot in the kitchen window. It all makes a positive difference! Grow with us!

Guest Expert: Floral 23



Paint & Palette JUL. 20, 2023 2:00 PM

As children, we are encouraged to be creative with music, dance, paint, and crafts. But as we age, we tend to let go of that creative side which impacts our joy and health. Be a kid again at Legend at Council Road as we learn about the benefits of creativity through painting. Whether a fan of paint-by-number or Picasso, all are welcome! RSVP and we'll save you a seat at the artist's table.



VA Aid & Attendance Benefits OCT. 10, 2023 2:00 PM

Are you aware of the Aid & Attendance benefit, which can significantly offset the costs of senior living or home care for veterans? Do you know enough about this hidden benefit for yourself or your loved one? We've invited a local VA expert to talk more about eligibility, application, and what the benefits actually entail. All are welcome to attend, so invite your spouse and family members as well. RSVP and we will save your seat.



Paint Party OCT. 26, 2023 2:00 PM

Dress for a mess; we're going to have an art party! Join us at Legend while we paint our own door hanger with guest artist, Polkadot Paintbrush! Space is limited, so please RSVP promptly. Beginners welcome!



Staying Informed About The Changes In Medicare NOV. 09, 2023 10:00- 11:00 AM

Knowledge is power and you'll feel empowered as you learn all about Medicare options, long-term care insurance, and life insurance at Legend. Bring your questions, a notebook, and a pen so that you can take what you learn with you. We are thrilled to welcome an expert on all things Medicare and insurance, Linda Frosco. She'll guide you through the common questions as well as through the things you never even thought to ask. RSVP to save your seat at this informative educational seminar.



Beauty and the Board: Create a Classic Charcuterie NOV. 16, 2023 2:00- 4:00 PM

A beautiful charcuterie board is the perfect centerpiece to any party, gathering, or meal. The secret to a successful charcuterie? It's not as hard as it looks! Join us to learn how to create a stunning charcuterie board with a few seasonal ingredients and pantry staples. Leave with your creation and a new party trick to add to your hosting talents. RSVP to save a seat at this demonstration, as well as your ingredients for your own board.



VA Aid & Attendance Benefits APR. 11, 2024 2:00- 3:00 PM

Most Veterans and their partners are unaware of this benefit, which can significantly offset the costs of senior living or home care. We've invited a local VA expert to talk more about eligibility, application, and what the benefits actually entail. All are welcome to attend, so invite your spouse and family members! Guest Speaker: Roger Woodrome, Consultant & Operation Veteran Aid, Soard Financial



Paint Party JUN. 27, 2024 2:00 - 3:00 PM

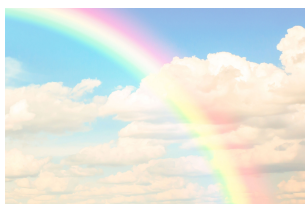
Get creative and express yourself with friends at Legend at Council Road! Learn how colors work together and different painting methods through an interactive painting class. Leave with your own beautiful creation. This class is for all levels – beginners are certainly welcome!



You May Be Entitled To VA Aid & Attendance Benefits

AUG. 30, 2024 2:00 PM

Most Veterans and their partners are unaware of this benefit, which can significantly offset the costs of senior living or home care. We've invited a local VA expert to talk more about eligibility, application, and what the benefits actually entail. All are welcome to attend, so invite your spouse and family members!



Follow the Yellow Brick Road OCT. 05, 2024 10:00 AM - 2:00 PM

Join us somewhere over the rainbow as we host a Health & Wellness Fair! All vendors and information are designed to cater to aging adults, which means you'll find something to help you feel your best and meet your wellness goals. Look forward to making new friends, good information, food trucks, giveaways, and live entertainment. We'll see you there!



Unlocking New VA Benefits: Updates for Veterans & Spouses JAN. 23, 2025 1:00 PM

If you or your spouse is a Veteran, you might be eligible for benefits that can offset the costs of senior living or other support. Join us as we learn from a VA benefits expert and discuss what benefits you might qualify for. Bring along your spouse, family members, and neighbors – any Veteran or loved one can benefit from this discussion!



Memory Box Workshop - For Dementia Awareness MAR. 01, 2025 11:00 AM - 2:00 PM

Memory loss and confusion are commonly recognized as early signs of dementia, but subtle changes can begin years before a diagnosis. Join us for an engaging, interactive workshop where we'll explore the power of memory boxes—personalized keepsakes designed to spark connection and meaningful moments with loved ones facing dementia. Learn how to preserve treasured experiences and create lasting bonds through this thoughtful and creative activity.



Don't Be A Target: Identifying & Avoiding Senior Scams

MAR. 27, 2025 10:30 AM

Fraudsters and scammers tend to target older adults, and authorities report that seniors lose billions of dollars annually to targeted scams. Instead of feeling fearful or worried, learn the skills you need to avoid being a victim. Join us as we learn from the experts in our area. We'll cover topics ranging from how to spot a scam to what to do if you're feeling unsure about an email or social media request.



Dementia Decoded

APR. 17, 2025 2:00 - 3:00 PM

Memory loss and confusion are often recognized as early signs of dementia, but the journey can begin with subtle symptoms that can appear years beforehand. Join us in our discussion of Alzheimer's disease and other forms of dementia. Together, we'll uncover the various types and early indicators of cognitive changes. Learn about seeking support and navigating life after a diagnosis, empowering yourself and loved ones with knowledge and understanding.