

# THE STONEHAVEN

## COMMUNITY EVENTS

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### **Holiday Happiness** DEC. 19, 2023 2:00-4:00PM

Holiday Open House! Join us to celebrate the holidays, enjoy refreshments and appetizers from the Chef, and see our newly renovated apartments!



### **New Advances in Alzheimer's: What You Need to Know**

MAY. 21, 2024 2:00 - 3:00 PM

Join us for an informative discussion led by Meggie Gaskins with the Alzheimer's Association, unveiling the newest advancements in understanding the science and basic biology of Alzheimer's. Gain comprehensive knowledge of the innovations that could potentially shape the future of Alzheimer's treatment. Let's gather and deepen our understanding of these pioneering medications in the fight against Alzheimer's.



### **Dementia Education Programs - Dementia Conversations**

AUG. 13, 2024 2:00 PM

Learning more about dementia is one way family caregivers and spouses can feel empowered as they advocate for their loved ones. Friends and neighbors also benefit from education about best practices for connecting with someone living with dementia. We are excited to welcome the Alzheimer's Association as they share tips for having these honest and caring conversations.



### **Dementia Education Programs - Building Foundations of Caregiving** SEP. 10, 2024 2:00 PM

Learning more about dementia is one way family caregivers and spouses can feel empowered as they advocate for their loved ones. Friends and neighbors also benefit from education about best practices for connecting with someone living with dementia. We are excited to welcome the Alzheimer's Association as they share tips for having these honest and caring conversations.



### **Oktoberfest** OCT. 03, 2024 4:30 - 6:30 PM

Prost! It's time to grab a bratwurst, don your lederhosen, and listen to polka music. Why? Because it's Oktoberfest! Join us at The Stonehaven for our annual Oktoberfest as we gather together to enjoy German food, festive music, fun games, and more!



### **Dementia Education Programs - Supporting Independence**

OCT. 08, 2024 2:00 PM

Learning more about dementia is one way family caregivers and spouses can feel empowered as they advocate for their loved ones. Friends and neighbors also benefit from education about best practices for connecting with someone living with dementia. We are excited to welcome the Alzheimer's Association as they share tips for having these honest and caring conversations.



### **Dementia Education Programs - Supporting Independence**

OCT. 08, 2024 2:00 PM

Learning more about dementia is one way family caregivers and spouses can feel empowered as they advocate for their loved ones. We are excited to welcome the Alzheimer's Association as they share tips for helping your loved one living with dementia take part in daily activities, while you provide the right amount of support and balance safety and independence.



### **Staying Informed About The Changes In Medicare** NOV. 05, 2024 10:30 AM | NOV. 05, 2024 2:00 PM

Knowledge is power and you'll feel empowered as you learn all about Medicare options and changes coming in 2025 at The Stonehaven. Bring your questions, a notebook, and a pen so that you can take what you learn with you. We are thrilled to welcome a knowledgeable advisor on all things Medicare, Lynn Roach. She'll guide you through common questions as well as things you never even thought to ask. RSVP to save your seat at this informative and educational seminar.



## Dementia Education Programs - Dementia Related Behaviors

NOV. 12, 2024 2:00 PM

Learning more about dementia is one way family caregivers and spouses can feel empowered as they advocate for their loved ones. Friends and neighbors also benefit from education about best practices for connecting with someone living with dementia. We are excited to welcome the Alzheimer's Association as they share tips for having these honest and caring conversations.



## Responding to Dementia Related Behaviors

NOV. 12, 2024 2:00 PM

Join us for an educational session on Alzheimer's and other forms of dementia. The Alzheimer's Association will be here to help us learn about common behavior changes and how they are a form of communication, non-medical approaches to behavior, and recognizing when additional help is needed. RSVP to save your seat for this important conversation.