LEGEND AT COUNCIL ROAD COMMUNITY EVENTS



Gardening To Grow Better Health JUN. 29, 2023 2:00 PM When you're out in the garden, hands in the soil, you're doing more than nurturing your plants. You're also nurturing your health! Whether you're a beginner or have a green thumb, join us at Legend as we talk about the health benefits of gardening. We'll also cover ways to start gardening, whether it's in the backyard or in a small pot in the kitchen window. It all makes a positive difference! Grow with us! Guest Expert: Floral 23



Paint & Palette JUL. 20, 2023 2:00 PM

As children, we are encouraged to be creative with music, dance, paint, and crafts. But as we age, we tend to let go of that creative side which impacts our joy and health. Be a kid again at Legend at Council Road as we learn about the benefits of creativity through painting. Whether a fan of paint-by-number or Picasso, all are welcome! RSVP and we'll save you a seat at the artist's table.



VA Aid & Attendance Benefits ост. 10, 2023 2:00 РМ

Are you aware of the Aid & Attendance benefit, which can significantly offset the costs of senior living or home care for veterans? Do you know enough about this hidden benefit for yourself or your loved one? We've invited a local VA expert to talk more about eligibility, application, and what the benefits actually entail. All are welcome to attend, so invite your spouse and family members as well. RSVP and we will save your seat.



Paint Party ост. 26, 2023 2:00 РМ

Dress for a mess; we're going to have an art party! Join us at Legend while we paint our own door hanger with guest artist, Polkadot Paintbrush! Space is limited, so please RSVP promptly. Beginners welcome!



Staying Informed About The Changes In Medicare Nov. 09, 2023 10:00- 11:00 AM

Knowledge is power and you'll feel empowered as you learn all about Medicare options, long-term care insurance, and life insurance at Legend. Bring your questions, a notebook, and a pen so that you can take what you learn with you. We are thrilled to welcome an expert on all things Medicare and insurance, Linda Frosco. She'll guide you through the common questions as well as through the things you never even thought to ask. RSVP to save your seat at this informative educational seminar.



Beauty and the Board: Create a Classic Charcuterie NOV. 16, 2023 2:00- 4:00 PM

A beautiful charcuterie board is the perfect centerpiece to any party, gathering, or meal. The secret to a successful charcuterie? It's not as hard as it looks! Join us to learn how to create a stunning charcuterie board with a few seasonal ingredients and pantry staples. Leave with your creation and a new party trick to add to your hosting talents. RSVP to save a seat at this demonstration, as well as your ingredients for your own board.



VA Aid & Attendance Benefits APR. 11, 2024 2:00- 3:00 PM Most Veterans and their partners are unaware of this benefit, which can significantly offset the costs of senior living or home care. We've invited a local VA expert to talk more about eligibility, application, and what the benefits actually entail. All are welcome to attend, so invite your spouse and family members! Guest Speaker: Roger Woodrome, Consultant & Operation Veteran Aid, Soard Financial